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Celebrating Ukraine

Dan Macadenski leads the Tryzub Ukrainian dance group during a performance of the traditional Hopak dance at the 2015 Calgary Ukrainian Festival on Sunday. More on the event in metroNEWS. LUCIE EDWARDSON/METRO

Gas 'n' dash puts woman in hospital

CRIME

Police say Centex staffer dragged, run over by driver

Anna Brooks
Metro | Calgary

Calgary police said a female Centex employee tried to thwart a gas-and-dash by standing in front of a stolen pickup truck Sunday morning, but the suspect ended up running her over and fleeing the scene.

Calgary police said the woman, who is in her mid-30s and a relatively new employee at the gas station, confronted the suspects in the adjacent Home Depot parking lot off 16 Avenue near 17 Street NW around 11 a.m.

The vehicle struck the woman, carrying her on the hood for 15 metres before she was thrown from the vehicle and subsequently run over, police said.

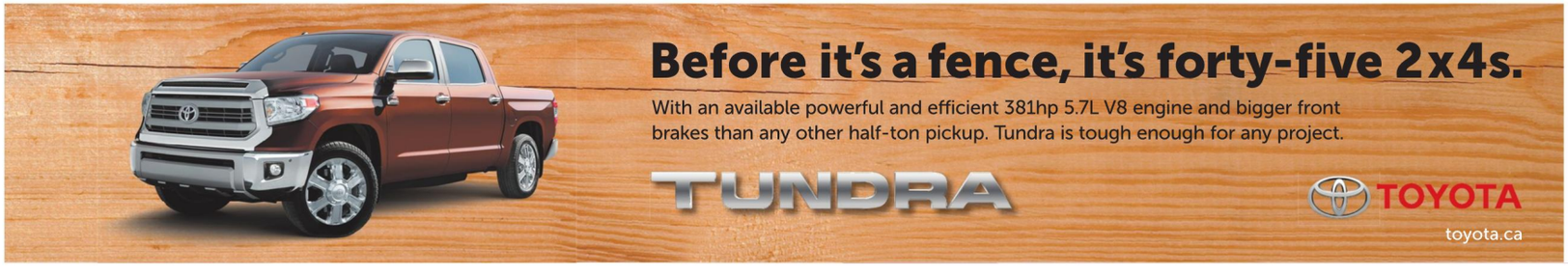
The woman suffered severe injures and was transported to Foothills Hospital in serious, potentially life-threatening condition, said EMS.

Erika Koch was working in the Home Depot garden centre when she saw the woman screaming and running toward 16 Avenue NW.

"I heard the worst screams you'll ever hear in your life," she said. "My stomach felt sick."

Police are asking members of the public to watch out for a light-brown 2006 Ford Super Duty, licence plate EUX 378, with front-end damage.

WITH FILES FROM ROBSON FLETCHER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WOOD AUTOMOTIVE GROUP

metro NEWS
Your essential daily news

Report: Canada should be selling seal penises. **Business**

‘We all loved him and watched his art grow’

Top: Joseph Nepoose colours the ground with chalk at local artist Ryan Delve’s memorial service. Bottom left: Artist Mark Vazquez-Mackay uses river water to clean the Helping Hands mural near the DI downtown. Bottom right: Numerous friends of Delve paid their respects Sunday morning.
ANNA BROOKS/METRO

RYAN DELVE

Friends gather to remember murder victim at local mural

Anna Brooks
Metro | Calgary

Tears flowed and hugs were passed around as bereaved community members of the Calgary Drop-In and Rehab Society (DI) remembered local artist and father Ryan Delve, who was found dead along Riverfront Avenue on Thursday.

Calgary police responded Thursday around 12:30 p.m. to an area near 4 Street SE, where they found a man in his 40s. He was identified Friday, but the cause of death wasn’t released.

Close friend Wayne Gibson trembled as he spoke about Delve, whom he met at the DI 15 years ago.

“It’s still hitting me in waves,” Gibson said. “We all loved him and watched his art grow … he was a magnificent person.”

Gibson was one of many at the Helping Hands mural under the 5 Avenue flyover remembering Delve, who police believe was the victim of a homicide.

Some, like Gibson, clutched hands with friends and family as they watched staff, volunteers and DI clients clean the mural with water from the river. Others were busy lining up a collection of Delve’s artwork and stuffing the cracks of the mural with fresh flowers.

Delve’s death should be a reminder that everyone deserves respect, no matter what their situation might be.

“Ryan was a single dad, and it’s a shame he’s no longer around for his daughter,” White said. “For people who find their bedrooms under overpasses or on riverbanks, they deserve to sleep in peace. Be a bit more compassionate — don’t wait until a tragedy like this happens.”

> **“It shouldn’t have happened to him. He had a good heart and a lot of friends … he’s going to be missed.** Joseph Nepoose

Fellow artist Gary White said Delve was a natural leader for the mural project, which was painted a year ago to help bring more positivity to what was deemed a more dangerous area of Calgary.

“He had a really good community mind,” White said. “Ryan was instrumental to putting this whole thing on the wall … he just went at it like a madman. He was a nice guy and a very talented artist.”

White added that with all the stigmas and stereotypes clients at the DI deal with, DI client Joseph Nepoose spoke fondly of Delve, and said his beautiful art and willingness to help others were qualities everyone admired.

“I’ve lost quite a few family members here, and it’s a shame because he was part of the family, too,” Nepoose said. “It shouldn’t have happened to him. He had a good heart and a lot of friends… he’s going to be missed.”

Police are reviewing CCTV in the area for more clues on the homicide as the investigation continues, but they have no suspects at this time.

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A bottle of concentrated methadone is shown. The cost of the province's methadone treatment has jumped by $5.6 million since 2012-13. METRO FILE

Methadone costs rise dramatically

HEALTH

Increased use a sign people are seeking help, doctor says

Ryan Tumilty
Metro | Edmonton

Methadone use in the province has more than doubled over the last two years, which health officials say is an encouraging sign for people hoping to deal with addictions.

Dr. Michael Trew, the province's chief medical officer of health for addictions and mental health, said while it might seem startling at first, it's a clear sign people are working to deal with substance abuse.

"To me it's reassuring that we have increased the availability of that treatment," he said. "People are trying to do what they can to make this practical for people who live with this."

According to figures from Alberta Health, in the 2012-13 fiscal year the province spent just over $3.2 million on methadone including pharmacy costs and the drug itself. That number rose to $8.8 million in the last fiscal year.

While there were slight cost increases, the majority of the increase is coming from more users, with 5,432 people taking the treatment last year compared to 2,128 in the 2012-13 fiscal year.

The drug acts as a replacement therapy, easing addicts off heroin and other opioids.

Last week, the province started to roll out grant payments to needle exchange agencies to provide a naloxone program. Naloxone is a drug that can stop an opioid overdose. The province provided funding for naloxone following a troubling spike in fentanyl-related deaths.

Trew said it's important for the province to work both on emergency measures like that and longer term steps to get people off of their addictions.

"The safety business is really at one end of the spectrum and then it is really a question of trying to help people get into effective treatment," he said.

Trew said the province is working with AHS and the college of physicians hoping to see more doctors prescribing the drug for patients in need.

"We need to continue to look for ways at how we can continue to make this work," he said.

5,432

The number of people in Alberta who were treated with methadone last year compared to 2,128 in the 2012-13 fiscal year.

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The City of Vancouver painted these rainbow crosswalks in 2013 as a symbol of LGBT pride and inclusion. METRO FILE

'Show our diversity'

LGBT

Pride Calgary raising money for rainbow crosswalks

Robson Fletcher
Metro | Calgary

Pride Calgary was surprised at first when Coun. Sean Chu announced plans last week to have the city paint its first rainbow crosswalks, but the advocacy group for LGBT inclusion now aims to raise enough money to make the colourful crossings happen at no cost to taxpayers.

Painting all the crosswalks at one city intersection would likely cost in the order of thousands of dollars, a sum Pride Calgary president Stephen Wright figures his organization can come up with through sponsorships and donations.

"I think it's a great idea," Wright said Sunday. "It's a way we can show our diversity, not just within our community, but within Calgary."

Chu raised some eyebrows last Tuesday when he publicly revealed a vague proposal to have rainbow crosswalks painted at the corner of 17 Avenue and 4 Street SW in time for the summer Pride Parade without first consulting Pride organizers or Coun. Evan Woolley, whose Ward 8 includes the busy Beltline intersection.

Woolley also questioned the timing of the announcement, suggesting it looked like a political ploy to counter negative reaction to Chu's tweet of a week earlier, seen by many as insensitive to the gay community.

Wright, however, said he met with Chu on Friday and doesn't doubt his sincerity.

"I understand he was very excited about it and maybe skipped over a couple of steps," Wright said. "Maybe we should have been involved a bit earlier, but we are involved now."

Chu said rough estimates he's seen suggest it would cost $8,000 to paint four crosswalks at an intersection.

$3K

In Edmonton, six rainbow crosswalks were recently painted as a symbol of LGBT pride at a total cost of $3,231.61, according to the city's transportation department, which footed the bill.

Regardless of the price tag, Chu said he believes the money should be privately raised, and he'd be willing to help fundraise and donate out of his own pocket.

In working with Chu on the project, Wright hopes the Ward 4 councillor can help clear any red tape at city hall while Pride comes up with the cash.

Any additional money Chu raises should go toward local charities that support LGBT causes, Wright said.

Pride Calgary plans to release more details of its plan this week, and Wright said the group has other intersections in mind aside from the one Chu suggested.

WITH FILES FROM STEPHANIE DUBOIS

E-CIGARETTE BYLAW

Non-smoking may soon mean non-'vaping'

Helen Pike
Metro | Calgary

City council is set to consider whether puffing vapour in public and indoor spaces should be restricted in the same way as traditional smoking, as a new report from city staff recommends banning the use of e-cigarettes wherever old-fashioned smokes are prohibited.

As it stands, there is no provincial regulation against e-cigarettes in Alberta and last year Dr. Richard Musto, medical officer of health for the Calgary zone, asked council to cost-share a $25,000 study with Alberta Health Services in order to work toward local bylaw changes.

On Tuesday, city administration will recommend an amendment to Calgary's smoking bylaw and ask that Mayor Naheed Nenshi draft a letter to the minister of health and advocate for a provincial strategy on "vaping."

The recommendations are based on the second phase of AHS research, which includes a survey conducted by Calgary Animal and Bylaw Services that found almost 70 per cent of Calgarians were uncomfortable with e-cigarette use indoors. The review also included research and an overview of current legislation across North America.

"Research has identified components of concern in e-cigarette vapour," reads the report.

"Calgarians consider vapour produced by e-cigarettes to be a nuisance."
AHS research

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Bringing imagination back

HAYSBORO

New 'natural playground' intended to boost free play

Lucie Edwardson
For Metro | Calgary

Sonja Sahlen was inspired to start looking at ways to create a more welcoming and co-operative playground in Calgary's Haysboro area when she felt the existing playground wasn't offering the right environment for kids.

After chatting with other members of the community, Sahlen realized lots of people in Haysboro felt the same way.

"It would work for about 10 to 15 minutes and then the kids would run off and just wanted to play in the trees," said Sahlen, the head of the Haysboro Community Association's playground committee. "The play equipment lost its play value really quickly."

Eighteen months later, after multiple fundraisers, working with the city and Ground3 landscape architects, the official groundbreaking for the nature playground took place Sunday.

Members of the Haysboro Community Association playground committee celebrate the groundbreaking for their new natural playground on Sunday afternoon.
LUCIE EDWARDSON/FOR METRO

Through the use of fallen logs, tree stumps, slides embedded in hills, and other natural elements, the natural playground is designed to encourage imaginative free play, as well as foster a relationship between kids and nature at an early age.

"We see kids playing in trees and bushes and they are imaginative and they turn it into their fort, or they take a big pile of snow — it is their cave or castle," said Sahlen.

> **The kids would run off and just wanted to play in the trees.**
> Sonja Sahlen

"They are playing together, they are creating in a co-operative and imaginative way — it is their stage."

Kourtney Branagan, a parent and Haysboro community member, said the playground brings nature to their doorstep.

"We love going to the mountains and the reservoir, but having something that is just a little bit closer and is a little more challenging to the senses and not so straightforward is very appealing," she said.

The first phase of construction is scheduled to be completed by Sept. 1, and phase two will be completed in the summer of 2016.

Another natural playground is also in the works in Calgary's Forest Lawn community.

IN BRIEF

Protesters decry Lisitsa performances

Dozens of people gathered outside the Jack Singer Concert Hall on Friday and Saturday evenings to protest what they describe as "racist and xenophobic" statements from Ukrainian-born pianist Valentina Lisitsa.

The popular pianist, who was barred from playing with the Toronto Symphony Orchestra over what it described as "deeply offensive statements" posted online, played with the Calgary Philharmonic Orchestra both nights.

METRO/THE CANADIAN PRESS

Motorcyclist killed

A motorcyclist was killed east of Calgary after his bike collided with a car on Saturday, according to Strathmore RCMP. The crash happened around 1:30 p.m. near the intersection of Township Rd. 272 and Highway 21.

The rider, believed to be in his 50s, was pronounced dead at the scene, EMS spokesman Stuart Brideaux said. METRO

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Traditions live on at Ukrainian fest

CULTURE

Event allows community to pass on its food, dance

Lucie Edwardson
For Metro | Calgary

The crowd was buzzing with pride at the sixth annual Calgary Ukrainian Festival on Sunday, as traditional dancers entertained and classic Ukrainian dishes including borshch and perogies were piled high onto plates of happy attendees.

The festival allows members of the local Ukrainian community an opportunity to showcase and celebrate their culture and traditions, said Jordan Biss, marketing and promotions director for the festival.

"It is a great way for the Ukrainian community to unite and promote heritage and where we come from and share that with locals who might not know about Ukraine and its rich culture and history," Biss said.

Ukrainian dancer Kim Foster said you can learn a lot about Ukraine by each dance and the costumes the dancers are wearing.

"You will notice that some costumes have grass or flowers, which have symbolic meanings, and different regions have different colours, or the men do different tricks," she said.

Dancer Larysa Gelleta said the festival is a way to pass down Ukrainian traditions from generation to generation.

"It gives our children a chance to see what our ancestors did and learn about our culture."

The Yalenka Ukrainian Dancers strike a pose in Calgary on Sunday before hitting the stage. LUCIE EDWARDSON/FOR METRO

SECONDARY SUITES

Plebiscite could cost $2 million: Report

Robson Fletcher
Metro | Calgary

Putting the contentious question of citywide secondary-suite reform to Calgarians in the form of a plebiscite would cost $2 million as a standalone vote or $390,000 if attached to a general election, according to a new city report that throws cold water on the idea.

"The cost and demand on resources is high, and the value of the information is limited," reads the report, which is due to be presented to members of city council this week.

While a plebiscite is by definition non-binding, the idea has floated around during Calgary's ongoing political wrangling over the question of who should be allowed to build separate entrances and kitchens in their homes.

Several councillors have, at various times, suggested putting the matter of broadly legalized secondary suites to the people as a simple yes or no vote.

Coun. Shane Keating — who has also mused about a plebiscite on the separate issue of additional taxation powers for municipalities — said he'd never support a standalone vote because it would be too expensive and impractical.

He didn't rule out the possibility of a plebiscite question — or several — as part of the next municipal election, however.

"It wouldn't hurt to do a plebiscite in 2017 on secondary suites and on the tax issue," Keating said Sunday.

Mayor Naheed Nenshi has spoken out against the idea of a secondary-suites plebiscite in the past.

"That's an awfully expensive way to convince councillors to do the right thing," the mayor, an ardent supporter of broadly legalized suites, previously told Metro.

A city committee is set to review the report Wednesday.

Coun. Shane Keating
ROBSON FLETCHER/METRO

BLACKFOOT TRAIL, RUNDLE

Firefighters douse two fires early Sunday

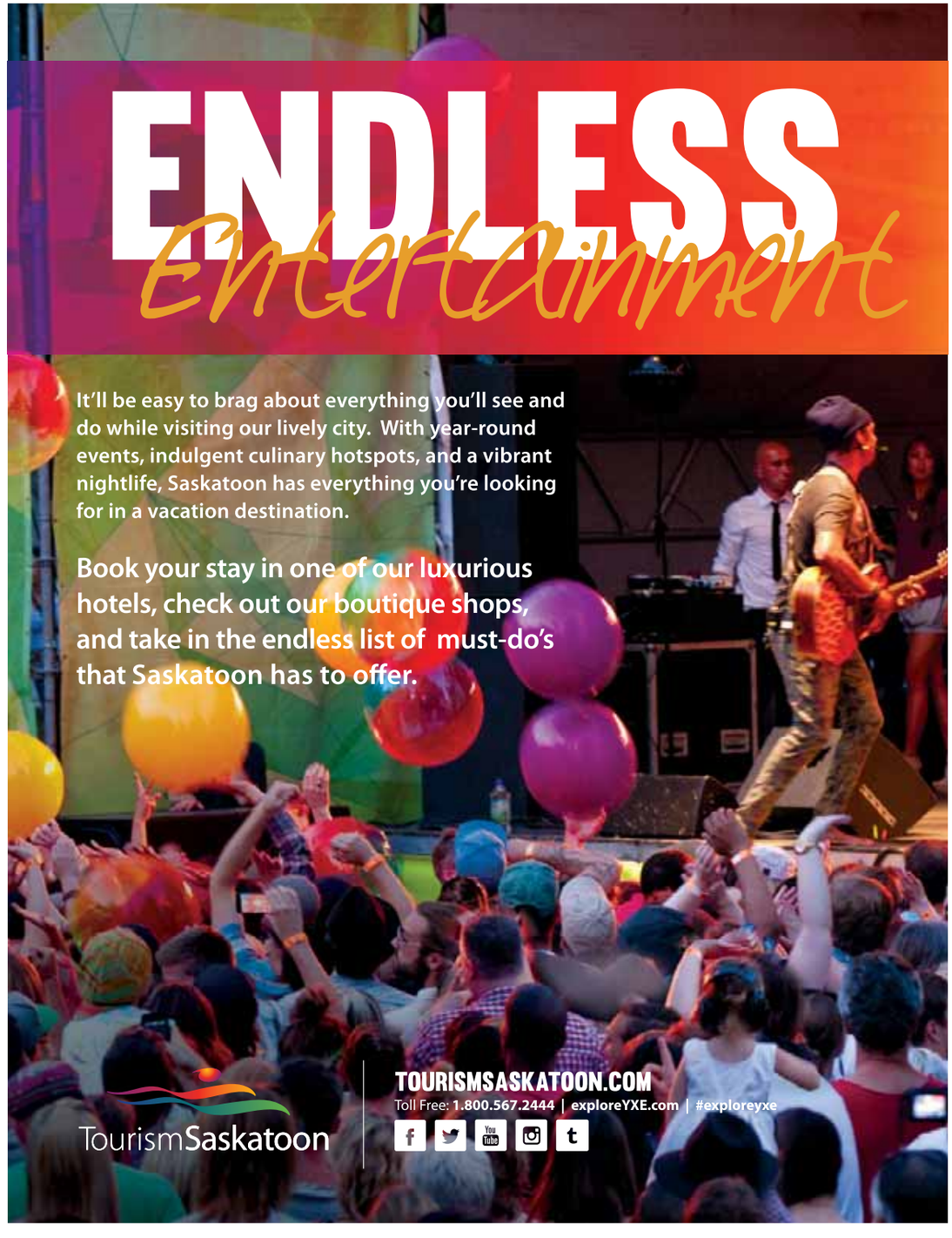
Calgary firefighters extinguished two house fires in quick succession early Sunday morning.

The first blaze broke out in a mobile home near the intersection of Blackfoot Trail and Southland Drive S.E. around 1:30 a.m. A family managed to flee the home safely, and crews were able to extinguish the flames.

While all that was going on, the fire department received a second call for a separate incident in the northeast community of Rundle, prompting a second alarm to be called to ensure enough firefighters could respond.

Crews arrived to find an abandoned house with flames burning through the roof and were able to extinguish the fire. Searches confirmed the house was empty.

No one was injured in either blaze. METRO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‘DI’ hosts ensemble debut

MUSIC

Shelter From the Storm to perform for Sled Island

Anna Brooks
Metro | Calgary

One has the throaty vocals of a 1950s blues singer. Another has toured his debut album across the country. Yet another was a concert pianist on Broadway.

Residents of the Calgary Drop-In & Rehab Centre (known informally as the DI), these three gentlemen are instrumental to the Shelter From the Storm ensemble, a musical collaborative working to create original compositions that reflect the DI culture and community.

DI client Mark Sims is a gospel singer/songwriter, and said music is a tool that can help dispel stereotypes the general public tends to associate with the DI.

Sims said beneath these umbrella terms — addiction, violence, homelessness — are people. And, like everyone else, they have their own stories to share.

“We have so much potential to be an asset to the community, not a liability,” Sims explained.

Kris Demeanor, left, belts out some tunes with DI clients Mark Sims and Lenny Howell. Shelter From the Storm is in the midst of rehearsals leading up to their big Sled Island performance June 27. ANNA BROOKS/METRO

“We do a lot of hard work on these songs…we’re attempting to show the people here are just like everyone else.”

Working with clients, staff and community volunteers, Shelter From the Storm has developed 10 original compositions, including group favourite One Dime at a Time, to be performed at the DI as part of Sled Island.

Five months in, artist in residence Kris Demeanor said between the latent talent of the DI community and the hardships they’ve expressed so honestly through song, it’s given him a lot to think about in his own life.

“It makes you realize a lot of people who work very hard are still on the razor’s edge,” Demeanor said. “Everyone has such a unique, poignant story as to why they’re here. We’re living in a society that can be pretty brutal, and we’re all not that far away from despondency.”

Sims said, especially after the recent homicide of former DI client and local artist Ryan Delve, he hopes the debut of Shelter From the Storm will remind the Calgary community that even amid tragedy, positivity can prevail.

“Right now, we’re under a microscope,” he said. “But none of us here are excused from practising morals. We use our dependencies as an excuse to be that way. We don’t have to. We can be in this environment and still be constructive.”

Original content produced by Shelter From the Storm will be showcased at a debut concert held at the DI as part of the Sled Island festivities June 27.

CRIME

Left in stolen truck, boy now home

Calgary police say a six-year-old boy has been reunited with his family, not long after the truck he was left in was stolen on Saturday afternoon.

Police said the call came in at around 1:15 p.m. from the 4900 block of 126 Avenue SE when a father and daughter went into a store, leaving the boy in the back seat of the running truck.

Det. Jack Russell said an unknown suspect then jumped into the truck and drove off, but didn’t go far.

“Obviously, they saw common sense,” said Russell, as the thief dropped the youngster off, unharmed, at the Flying J Truck Stop at 40 Street SE.

While the six-year-old is back with his family, the truck and the suspect are still at large.

The vehicle is described as a grey, 2012 Dodge Ram with Alberta license plate BMT 7552 and the suspect is said to be a white man with short brown hair.

MORGAN MODJESKI/METRO

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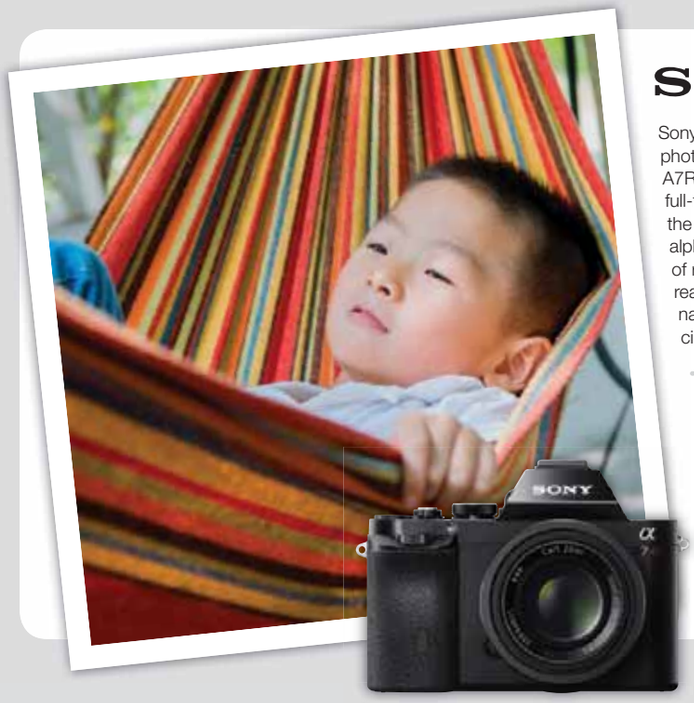

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U of C students' design takes top spot

COMPETITION

Pair's refugee structure 'The Fold' nabs win

Anna Brooks
Metro | Calgary

Architecture students at the University of Calgary are making waves after their handcrafted refugee structure nabbed first place (and $10,000) in an international Sunbrella Design Competition.

Sophia Yi and Amber Lafontaine developed a unique pod system structured around aesthetics and family use, two important elements in the type of crisis where one is forced to set up camp with few tools.

Yi explained that the patterned fabric used in their design could make it easier for refugees to identify their temporary dwelling, and the ability to readjust pod sizes would facilitate families of all sizes. "We wanted to build something that was simple and efficient," Yi said. "Our main focus was how long it would take to assemble in an emergency. We also wanted something flexible so they're free to form a variety of family groupings."

Architecture professor Graham Livesey said students had a semester to tackle a design-build project that satisfied the family, cultural, and social needs necessary for an effective refugee structure. Livesey added that actually building the structures was an important component to testing the reliability of their original designs.

"The students discovered something they draw on paper doesn't necessarily work out the way they expected when they actually try to make it," Livesey explained.

Sophia Yi and Amber Lafontaine claimed the grand prize for their unique refugee shelter design, dubbed 'The Fold.' CONTRIBUTED

POLITICS

Mulcair make gas tax promise to cities

NDP Leader Tom Mulcair is promising Canada's cities an extra penny from the gas tax.

Mulcair told the Federation of Canadian Municipalities convention in Edmonton Saturday that an NDP government would provide an extra $1.5 billion each year for roads, bridges and other infrastructure through the existing gas tax by the end of its first term.

He also promised an NDP transit plan would see $1.3 billion invested each year over 20 years, and said there will be incentives for the construction 10,000 affordable homes.

Liberal Leader Justin Trudeau also promised more money when he spoke at the convention on Friday. But Mulcair said successive Liberal and Conservative governments have made empty promises and failed to make a dent in what he called "Canada's infrastructure deficit." THE CANADIAN PRESS

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Harper pushes for trade pact with EU

ECONOMY

PM talked up agreement at G7 summit

Prime Minister Stephen Harper used Sunday's opening of the G7 summit to push European leaders to ratify the comprehensive Canada-EU free trade agreement.

Harper's office said he talked up the trade pact at the G7's first working session of the day on the fragile global economy.

"Prime Minister Harper encouraged European members of the G7 to swiftly implement the job-creating Canada-EU trade agreement," his office said in a statement.

Harper met European Council President Donald Tusk, and the European Commission President Jean-Claude Juncker, where he was expected to push the deal.

Canada and the EU have an agreement in principle on a sweeping pact in goods and services, but the legal text still must be finished so it can be ratified by Canada and the EU's 28-member countries.

Ratifying the pact, known as CETA, would be a major political win for Harper with the planned Oct. 19 federal election looming. Harper used a meeting with German Chancellor Angela Merkel to push for CETA's ratification.

Harper also met with British Prime Minister David Cameron, and they discussed the need to grow the fragile global economy as well as addressing two of the world's leading security issues: the crisis between Russia and Ukraine and the fight against the Islamic militants in Iraq and Syria, said his office.

They emphasized the need for Russian President Vladimir Putin to honour the Minsk peace agreement that was seriously undermined by a renewed outbreak of violence in eastern Ukraine this week.

Harper arrived in Germany's scenic and mountainous Bavarian region for the G7 after stopping in Kyiv and assuring Ukrainian leaders that he would push for solutions to their ongoing conflict with Russia.

THE CANADIAN PRESS

Prime Minister Stephen Harper, centre, jokes as he talks with President Barack Obama and other leaders on Sunday during dinner at the G7 meeting at Schloss Elmau near Garmisch, Germany. ADRIAN WYLD/THE CANADIAN PRESS

MALAYSIA

Naked Canadians blamed for quake

The Department of Foreign Affairs says it is assisting two Canadians barred from leaving Malaysia, amid reports that the pair could be charged after allegedly posing naked atop the country's highest peak.

Spokesman Nicolas Doire says the department is aware they have been prevented from leaving the country. Malaysia's foreign affairs ministry identified them as Lindsey Petersen and his sister Danielle Petersen.

A magnitude 5.9 earthquake on Friday sent rocks raining down the trekking routes on Mount Kinabalu in eastern Sabah state on Borneo island.

Sabah Deputy Chief Minister Joseph Pairin Kitingan blamed the tragedy on a group of 10 foreigners who "showed disrespect to the sacred mountain" by posing naked at the peak last week.

He said a special ritual would be conducted later to "appease the mountain spirit." Officials have said a group of foreigners — including two Canadians — broke away from their entourage and stripped naked before taking photos at the mountain peak on May 30. THE CANADIAN PRESS

IN BRIEF

Mulcair urges Harper to seek apology from pope

Prime Minister Stephen Harper is being urged to take advantage of an audience with Pope Francis this week to seek a formal apology for the role the Roman Catholic Church played in Canada's residential school disgrace.

NDP Leader Tom Mulcair says the timing of Harper's visit to the Vatican is fortuitous, coming just one week after the Truth and Reconciliation Commission called on Pope Francis to travel to Canada to issue an apology.

Harper is scheduled to meet the pope on Thursday. THE CANADIAN PRESS

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HALIFAX CARRYING THE TORCH Mark de Jonge, a kayaker from Halifax and an Olympic bronze medallist, carries the Pan Am Games torch into Grand Parade in Halifax on Sunday afternoon. The torch was in Halifax to promote the Pan American Games, being held in Toronto from July 10 to 26.
HALEY RYAN/METRO IN HALIFAX

Syrian staff treated better than Iranian

DIPLOMACY

Documents show contrast in closure of two embassies

Documents obtained under access-to-information legislation show a stark contrast between the way Canada treated its former employees in Syria and those in Iran.

In Syria, a civil war prompted Canada to pull up stakes, while in Iran, a decision by Canada to cut off diplomatic ties with the government was behind the move.

In Syria, layoffs of local staff began in January 2012 and ended with the full closure of the embassy in March of that year. A week after, then-ambassador Glenn Davidson wrote a memo on how it was handled, offering advice for future such closures. For locally engaged staff, workplaces are not just jobs and sources of income, they're also sources of pride, he wrote. "Our bottom line was: look after your staff as you would wish to be looked after yourself," he said.

Each employee met individually with his or her manager, got a photo, a certificate of appreciation and even offers of counselling. Severance was paid immediately, and arrangements were made for pensions and benefits.

"But it wasn't surprising the way they treated us — Canadians know how to treat people," said Basila, a former employee, who asked that her real name be withheld to protect her family.

The memo may not have reached Tehran. Iranian locals knew they weren't fully trusted — that was part of the stress of working for a foreign government, especially one Iran didn't like, said Afsaneh, a long-time embassy employee who asked that her real name not be used.

Canada announced on Sept. 7, 2012, it was listing Iran as a state sponsor of terrorism and ending diplomatic relations, with Canadians already out of the country.

Afsaneh found out about it from a friend watching the news on BBC.

With the embassy doors locked, personal belongings of many local staff — who considered the embassy the safest place to store items like passports, diplomas and cash — remained inside for over two months. And they waited as long for their severance pay and benefits.

A group of staff wrote an angry letter to Prime Minister Stephen Harper and other senior officials in October that year, the first of several attempts at recouping their money and belongings.

The toxic relationship between Tehran and Ottawa was putting their lives and families at risk, they wrote, saying none would be able to find work.

The Foreign Affairs department declined a request for an interview and did not directly respond to specific questions about how Iranian staff were treated.
THE CANADIAN PRESS

NUNAVUT

Students envision affordable food

A group of university students will head to Nunavut this summer to build a greenhouse to produce cheaper food for one remote community.

Ryerson University students Stefany Nieto and Ben Canning met two years ago and wanted to tackle an issue affecting Canadians. Food is hard to come by in Nunavut, especially produce, which arrives via boat or plane. And it's egregiously expensive. Starvation is therefore a real threat in places such as Repulse Bay, at the Arctic Circle in central Nunavut. "That's the reality they have to face every day," said Canning, 19.

Last summer, the students flew to Repulse Bay — which will revert to its traditional Inuktitut name, Naujaat, on July 2 — to do further research. They said they spoke with 10 per cent of the population. The community loved their idea and has since donated land for the greenhouse.

The plan is to focus on fruits, vegetables and herbs, which will be grown with hydroponic technology that uses nutrient-rich water rather than soil. With the community on board, the business-management students said they managed to raise more than $150,000 through donations.

They are in the process of buying a greenhouse that looks a bit like an igloo. Technically it's called a geodesic dome, a modular sphere made with triangular polycarbonate panels.

In early August, Nieto will head up to Nunavut for five weeks, while Canning and three other students will join her two weeks later to build the greenhouse in co-operation with members of the community.
THE CANADIAN PRESS

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ISRAEL

Netanyahu slams 'silence' on attacks

Israeli Prime Minister Benjamin Netanyahu on Sunday criticized what he described as the world's "silence" over recent rocket attacks from the Gaza Strip, drawing a quick response from his country's closest ally, the U.S.

Netanyahu, speaking at his weekly Cabinet meeting, said he hadn't heard anyone condemn three rocket attacks from Gaza over the past two weeks. The rockets caused no damage, nor any injuries.

"It will be interesting to see if this silence continues when we use all our strength in exercising our right to defend ourselves," Netanyahu said. "It should be clear: the hypocrisy that is sweeping the world will not chain our hands from defending the citizens of Israel."

In Germany, White House spokesman Josh Earnest said U.S. officials had spent "a lot of time talking about this" during Israel's recent war with Hamas in the Gaza Strip.

"This is not the first time that I've stood at a podium like this and strongly condemned rocket attacks by extremists in Gaza against innocent Israeli citizens," Earnest said. "Clearly, the United States stands with the nation of Israel as they defend their nation and their people from these attacks."

THE ASSOCIATED PRESS

ITALY

No more shelter for migrants: leaders

Heartened by recent election successes by an anti-immigrant party, Italian politicians based in the north vowed Sunday not to shelter any more migrants saved at sea, even as thousands more were being rescued in the Mediterranean from smugglers' boats in distress.

Over the weekend, nearly 6,000 migrants were rescued by an array of European military vessels, including 2,371 who were saved on Sunday from 15 boats that ran into difficulty shortly after smugglers set off with them from Libyan shores, the Italian coast guard said.

Two German military ships brought a total of some 1,400 people to Sicilian ports Sunday, a day after they were rescued.

While politicians in the north were saying no to more migrants, corruptions investigations have showed that other Italian politicians and local officials see the shelters as a way to make money.

Last week, 44 people, including local politicians from the centre-left to the centre-right in the Rome area, were arrested for investigation of alleged corruption or tampering with public contract bidding. The Rome-based probe, which netted dozens of arrests a few months ago in an earlier chapter, examined public contracts for social services, including for asylum-seekers at a migrant centre in Sicily.

THE ASSOCIATED PRESS

CHINA RESCUERS, FAMILIES HOLD MEMORIAL FOR VICTIMS OF CAPSIZED SHIP Family members hold up a photo of a passenger who was a victim in last Monday's cruise ship incident in Jianli county, in southern China's Hubei province. Nearby ships blared horns for three minutes Sunday and rescuers bowed in silence to honour the more than 430 victims of the Yangtze River capsizing, as specialists began working on DNA samples from relatives to identify the dead. CHINATOPIX/THE ASSOCIATED PRESS

Police comb border after prison break

NEW YORK STATE

Officials worried men may try to enter Canada

The brother of a slain sheriff's deputy had forgotten the names of those involved in the killing more than a decade ago. Then came a daring prison break: Two convicted murderers hid dummies in their beds and used power tools to cut their way to freedom.

The cunning escape from an upstate New York prison on Saturday had hundreds of local, state and federal law enforcement officers searching for one of the deputy's killers and another man imprisoned for dismembering his boss.

Richard Matt and David Sweat staged what Gov. Andrew Cuomo called "a really elaborate, sophisticated operation" that ended at a manhole cover blocks away from the prison.

The men had filled their beds inside the Clinton Correctional

Richard Matt. David Sweat.
NY STATE POLICE/THE ASSOCIATED PRESS

Facility with clothes to appear as though they were sleeping, cut into steel steam pipes and shimmied out of the prison. On one pipe cut in the escape, investigators found a note with a crude Asian caricature along with the words, "Have a nice day."

Sweat, 34, is serving a sentence of life without parole after he was convicted of first-degree murder for killing a sheriff's deputy in Broome County, New York, on July 4, 2002. Matt, 48, is serving a sentence of 25 years to life for the kidnapping, dismemberment and killing of his former boss in 1997.

CTV News reported that officials believe the men may try to enter Canada through Ontario or Quebec. Alerts have been broadcast to police in the Greater Toronto Area. THE ASSOCIATED PRESS

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SPAIN REMEMBERING THE MOSS MEN Moss men and a reveller carry Spanish flags as they take part during the Corpus Christi procession in the small village of Bejar, Spain, on Sunday. Every June, men covered in moss parade through the streets to commemorate a daring raid that local legend says helped liberate the town from Muslim occupation. Locals believe that during the reign of King Alfonso VIII of Castile (1155-1214) men camouflaged themselves in moss from nearby forests to approach the gates of a Muslim fortress, undetected. ANDRES KUDACKI/THE ASSOCIATED PRESS

Turkish ruling party loses ground

PARLIAMENTARY ELECTION

Preliminary election results suggest AKP no longer majority

In a stunning blow to President Recep Tayyip Erdogan, preliminary results from Turkey's parliamentary election on Sunday suggested that his party could lose its simple majority in Parliament.

With 99.9 per cent of the vote counted, Erdogan's ruling Justice and Development Party, the AKP, had the support of about 41 per cent of voters, according to state-run TRT television. According to projections, that would give it some 258 seats — 18 below the minimum needed to keep its majority.

It's an indication of how precipitously Erdogan's fortunes have fallen in the campaign. He had begun the campaign asking voters for 400 seats, a massive majority that would have allowed the party to change the constitution to give the presidency extraordinary powers. AKP would have needed a majority of 330 seats of the total 550 to call for a national referendum to change the constitution.

AKP received around 49 per cent of the vote in general elections in 2011. The setback would be first time that the party is faced with falling short of a majority to rule alone since it swept into power in 2002.

"Erdogan turned the election into a referendum on his personal ambitions," said Fadi Hakura, a Turkey specialist at London-based Chatham House. "These elections have put his plans on the back burner for a very long time."

Erdogan himself was not on the ballot. Still, the election was effectively a referendum on whether to endow his office with powers that would significantly change Turkey's democracy and prolong his reign as the country's most powerful politician.

The pro-Kurdish HDP's apparent leap above the 10 per cent threshold, at nearly 13 per cent, would vault it into a significant position in the Parliament, winning seats greatly at the cost of the ruling party's current majority and making constitutional change on AKP's terms unlikely.

> **"This is the victory of democracy over loutishness.**
> HDP official Sirri Sureyya Onder

Sirri Sureyya Onder, a senior HDP official, who won a seat in Ankara, said the party would not celebrate its breakthrough as to avoid provoking opponents, but he took an apparent shot at the ruling party. "This is the victory of democracy over loutishness, of freedom over oppression, of modesty over conceit, of peace over war," he said.

The vote came amid high tensions after bombings Friday during a HDP rally killed two people and wounded scores.

THE ASSOCIATED PRESS

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MINING

Women's coveralls rock fashion show

Alicia Woods' "eureka" small-business idea came via the call of nature.

She was a mile underground touring a Sudbury nickel mine 15 years ago in a bulky, oversized pair of men's coveralls as part of job shadowing for her future sales position for a mining equipment manufacturer.

"I thought, 'Uh-oh, what if I have to use the washroom?' It was all men down there, and all they had was a porta-potty," she recalls.

About four years ago, she was in a potash mine in Saskatchewan and had to make an embarrassing trip to the loo that took far longer than the men because she had to remove the full safety outfit.

"That was it," says the mother of two.

Covergalls was born soon after, when she found a seamstress to put together a sample design of women's coveralls, with wrist snaps, adjustable Velcro at the waist and two-way zippers to fit various sizes — and of course a secret trap door for when nature calls.

Though women make up only 17 per cent of the staff in the Canadian mining sector today, or 46,000 people, her market research told her those who work hands-on as miners, geologists and engineers tend to buy several pairs of coveralls at a time, a few times a year.

The Sudbury native found a local manufacturer, and the business took off. She pitched it to CBC's Dragons' Den in 2014 to help grow her burgeoning clothing line, which has since expanded to include women's safety gloves and even a men's line known as Coverguys — after all, mining men prefer easier access for trips to the facilities, too.

But it's Covergalls that will be front-and-centre at the Women Who Rock mining fashion show Monday night at the Art Gallery of Ontario in Toronto.

The first-annual Hard Hats and High Heels event will bring together a rather odd couple: the Canadian fashion industry and women of the mining industry — many of whom are part of the Women Who Rock informal networking organization.

Besides Covergalls for those heading underground, the show will feature Canadian fashion brand Judith & Charles, with a collection aimed at integrating modern influences with feminine softness and strength — modelled by women who work in the metals industry.

TORSTAR NEWS SERVICE

Alicia Woods, CEO and founder of Covergalls, shows off coveralls designed for women. TORSTAR NEWS SERVICE

A report by the Fur Institute of Canada is calling for the revival of the controversial seal-penis trade as part of a five-year plan aimed at creating new markets for seal products by using every part of the carcass. DAN KITWOOD/GETTY IMAGES

Key hunt supporter touts seal penis sale

EAST COAST SEAL HUNT

Fur Institute sees Asian buyers as main target market

Sales of Canadian seal products could get a lift if the federal Fisheries Department adopts a plan that, among other things, calls for the revival of the controversial seal-penis trade, a key supporter of the East Coast seal hunt says.

The report, drafted by the Fur Institute of Canada, is aimed at creating new markets to support an earlier proposal to kill 140,000 grey seals over five years in the southern Gulf of St. Lawrence — 70 per cent of the grey seals that frequent the area.

Fishermen have long complained that a growing population of grey seals is to blame for eating too many commercially valuable fish, which has resulted in repeated calls for a cull.

The Fur Institute says its five-year plan, dated March 2014, focuses on creating markets for a number of products that could be derived using every part of the seal carcass.

"The penises of juvenile and adult animals may be dried and sold as sexual-enhancement products, particularly to Asian buyers," says the report, obtained through the Access to Information Act.

"Asian consumers, particularly athletes, also consume a beverage called Dalishen Oral Liquid that is made from seal penis and testicles, which they believe to be energizing and performance-enhancing."

Officials at the Fisheries Department declined an interview but said in an emailed response that they were considering the report.

Dion Dakins, chairman of the committee that wrote the study, said the decision to develop a market for seal penises stems from the belief that no part of the carcass should be wasted.

The Fur Institute's plan calls for a squad of five fishing boats carrying a total of 40 hunters to kill seals for nine months of the year.

The study says the hunters could be equipped with Beretta 9-mm semi-automatic rifles with silencers. The use of silencers, needed to prevent spooking the animals, would require legislative changes, as such equipment is banned in Canada.

The total cost of implementing the plan would be around $9 million, assuming buyers could be found to pay up to $4 million in the first year for about 70,000 carcasses.

THE CANADIAN PRESS

$650

The sale of Canadian seal penises hasn't attracted headlines since the late 1990s, when the International Fund for Animal Welfare filed a lawsuit against the federal fisheries minister, claiming the trade was the most cruel aspect of the seal hunt. At the time, the penises were being sold for up to $650 each. The market shrivelled after Viagra appeared on the scene, though a much smaller market lingers.

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ASSIGNATION

Avis est donné à la partie défenderesse que la partie demanderesse a déposé au greffe de la Cour Supérieure du district de Laval, une requête pour obtention de passeport et permission de voyager. Une copie de cette requête et de l'avis à la partie défenderesse ont été laissés à l'intention de la partie défenderesse au greffe du tribunal, au Palais de justice de Laval, situé au 2800, boulevard Saint-Martin Ouest, à Laval. Il est ordonné à la partie défenderesse de comparaître dans un délai de 30 jours de la publication de la présente ordonnance. À défaut de comparaître dans ce délai, un jugement par défaut pourrait être rendu contre vous sans autre avis dès l'expiration de ce délai. Soyez aussi avisé que la requête pour obtention de passeport et permission de voyager sera présentée pour décision devant le tribunal le 21 juillet 2015 à 9h00, en la salle 2.02, du Palais de Justice de Laval.

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#MYMETRO

Stephanie Tawse, Ottawa

What are you up to?
I just had gelato, people-watched and went to the dog park. Now I'm heading back home.

What is your commute?
To which job? I have like five jobs. I mostly bike. I work at a bike shop. (Biking) is good cardio, and I live in Old Hull and it takes 15 minutes to get downtown. It's actually a lot faster than busing.

What's the one thing everyone in Ottawa should do at least once?
Wednesday yoga on Parliament Hill! I go almost every week. It's awesome.

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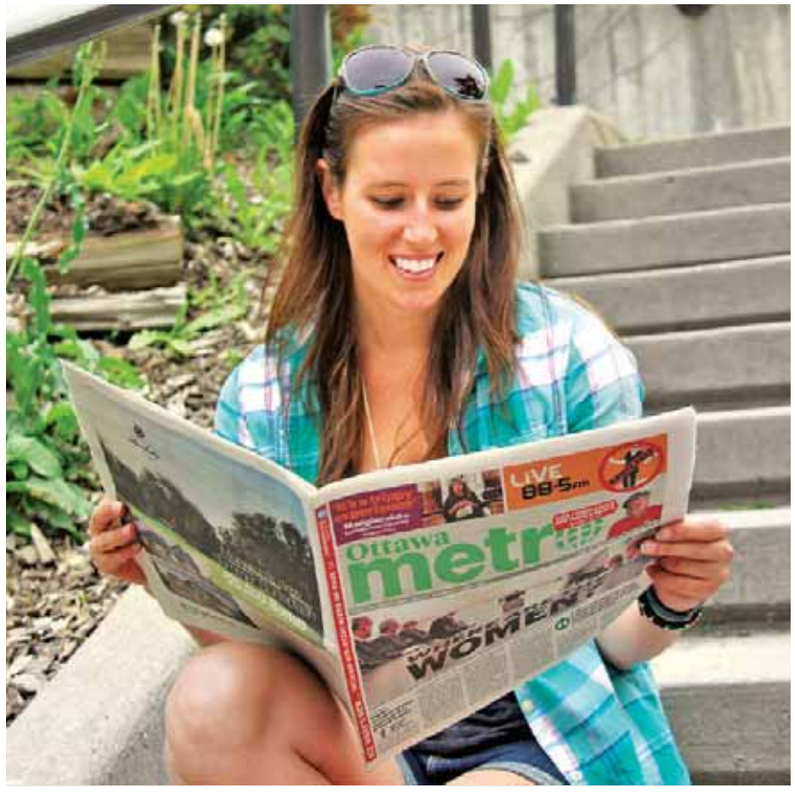

It takes time to build a bridge to reconciliation

KLASZUS' CALGARY
Jeremy Klaszus

It's fitting that in response to the landmark Truth and Reconciliation Commission report on Canada's horrific residential "schools," Calgarians immediately started discussing a literal, steel-and-asphalt bridge.

Fitting, because the TRC is partly about bridge-building — healing relationships and establishing new ones in the wake of Canada's cultural genocide against its aboriginal peoples.

The physical bridge in question, and a nearby school, is named for Hector-Louis Langevin, an early proponent of the residential school system who argued that aboriginal children should be separated from their families lest they "remain savages."

The resulting suffering persists today and is laid out in harrowing detail in the TRC report — essential reading for all Canadians.

The push to scratch Langevin's name from Calgary structures happened quickly after the report's release, with enthusiasm from aboriginal and non-aboriginal Calgarians.

"That shook me to the core with joy," says Michelle Robinson, an aboriginal liaison who wants Langevin's name scrapped. Renaming the bridge would be a great start toward reconciliation, says Robinson, who is Dene and works with 12 Community Safety Initiative, a crime-reduction effort in Forest Lawn and nearby communities.

She's also one of the organizers of Aboriginal Awareness Week, which starts June 14.

Much of her day-to-day work focuses on dismantling stereotypes and bringing communities in our city together.

Changing perceptions isn't easy work. Robinson says while those who have suffered through other injustices, such as the Rwandan genocide, are celebrated for their resiliency, survivors of Canada's genocide — neighbours who live among us — are often despised.

"We have to look at the bigger picture," she says. "Here we have residential school survivors, and they're not included in the city's fabric."

The big picture is an underlying theme of the TRC report. It's widely agreed that Canada now has a chance at reconciliation, but only if we learn from history, acknowledging and atoning for past wrongs and present inequality, rather than dismissing them with a facile "get over it."

As TRC chairman Justice Murray Sinclair has said, there are no shortcuts to reconciliation. It requires effort from all, a commitment to learn and deepen our understanding of Canada's crime — and take action accordingly.

"This will take generations," Robinson says.

Even so, she's optimistic. The TRC identified education and dialogue as key aspects of the path forward, and the Langevin Bridge conversation is an indication that this is happening to some degree.

One of next week's events is a "safe spaces" dinner that will give non-aboriginal Calgarians a chance to learn from their aboriginal neighbours.

"People can ask questions in a way that's not going to hurt anybody," Robinson says. "That's what we need in order to build bridges."

Jeremy Klaszus is a freelance journalist and stay-at-home dad. He tweets at @klaszus.

ROSEMARY WESTWOOD
metroview

"We ... builders of cities, expect to feel safe from wildlife."

You haven't known fear until you've been dive-bombed by a crow.

You haven't known terror until you've run down the street, arms covering your head, yelping with every brush of black wings.

We, humans, builders of cities, expect to feel safe from wildlife on the streets, because we own them.

But crows own the skies.

Sophia Lindgren in Vancouver understands this, having been repeatedly attacked two springs in a row. It's nesting season again, and it's as if the crows have marked her.

"It goes back and forth and goes, 'Caw! Caw!'" she told Metro Vancouver last week, "and it kind of swoops right over my head, and sometimes it scratches me."

I know the feeling, Sophia.

I spent one spring in Victoria cowed by the crows along my route to work. I used an umbrella as a shield, unsure if the bun on my head was the problem, or if I had somehow offended them.

Crows, after all, don't dive for nothing. They're highly intelligent. They can use tools and speak to each other — one in Manitoba can even speak a few words in English. They can reason at the level of a seven-year-old. They are said to remember people's faces, for good or ill, for years.

Maybe Sophia or I scowled at one once, and never knew the impact. More likely, we were seen as a threat to the fledgling crows.

Ravens, the majestic cousins of the crow, don't bring the same terror. Solitary and aloof, they don't interfere with our sense of urban dominance.

We don't see them chatting and circling overhead with their brethren. They don't flock in the tens of thousands like the crows over Burnaby do. They don't cover whole neighbourhoods, as crows did in Halifax last year.

There are tens of millions of crows across the U.S. and Canada, and researchers say their populations are rising in cities, where food is plentiful.

Crows easily adapt to urban environments and "will eat anything they can get their beaks on," said Derek Matthews, founder of the Vancouver Avian Research Centre, a man keen to redeem the "villain" crow.

When they attack, they're only protecting their young, he said with compassion.

But we, in our cities, see another threat. Here, more than anywhere, we want to control nature.

Crows, swooping, calling, smart and unpredictable, remind us that we cannot.

Our cement fortresses are not impenetrable. Even here, we can be hunted.

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Abbott and Costello heirs sue Tony-nominated Hand of God over Who's on First bit

School's out and so's your wallet

FAMILY BUDGET

How to rein in the high cost of keeping children busy

Megan Haynes
For Metro | Life

As parents brace for the end of school, many are feeling the pressure of the high cost of keeping kids entertained over the summer, a new report from TD Canada finds. Indeed, 56 per cent said they consider the additional cost of summer activities like camps, classes, sports programs, day trips and family vacations stressful.

The study, which surveyed 6,100 Canadians, found 71 per cent of parents expect to pay up to $999 per child for these extra costs, while 10 per cent plan to spend more than $1,500 per child, says Linda Mackay, senior vice-president, retail savings and investing at TD.

Many will dip into their savings (11 per cent), charge to their credit cards (13 per cent) or try to cut back on other expenses (26 per cent) in order to cover the additional cost, the report found.

This year, parents who didn't plan ahead will get a bit of a reprieve, Mackay says, as the universal child care benefit was expanded in the federal budget. The new program dishes out $160 a month per child for kids under six, and $60 per month per child for those between six and 17 (as opposed to the previous program that handed out $100 only to kids under six). And it's retroactive to January, she says, which means parents who have signed up for the universal child care benefit can expect a bigger cheque in the mail in July.

TRIP TO THE ZOO

BASIC EXPENSES

• 2 adult tickets	$56
• 2 kids tickets (ages 3-12)	$36
• Parking (or transit day pass)	$12

Using current rates at the Toronto Zoo

A day at the zoo for a family of four adds up to approximately $100. ISTOCK

Carol Wong-Li, a senior lifestyle analyst at research company Mintel, recently studied consumer-spending habits. She says Canadians generally, and parents in particular, want to reduce their spending in 2015 opting to focus on costs that will reduce their stress, such as mortgage or credit card debt.

As a result, parents want to cut back on their leisure and entertainment spending.

"When you're a family of four, and you're buying four tickets for something, it's automatically the ticket price times four," she says. For example, tickets to the Toronto Zoo will cost two parents and two kids nearly $100, before food and drink.

Wong-Li says parents should hunt for free outdoor festivals as alternatives to paid attractions or programs. She suggested talking to both online and offline social networks to ask other parents for advice on free activities (and she reminds people it's give-and-take: share your own free alternatives).

"Parents spend more on home care items, like cooking products and tissue paper, than the average Canadian," she says.

Looking for sales and deals on household products might be one way to free up some cash to pay for children's activities.

For forward-looking people, Mackay says the simplest solution to help ease the stress is to put aside a little bit of money each month — even $20 per paycheque — to help alleviate the financial burdens of the summer months. She says automated savings programs are a simple way to do this.

She also suggests taking advantage of early registration for activities, saying many programs offer discounted rates. "It's a bit late now, but (parents) can make a calendar reminder for January or February (2016) to check for early bird pricing for next year's summer activities," she says.

$ SAVE ON FUN

Other ways to save on fun for your kids this summer

1. Dip into those reward points to pay for your hotel, plane ticket or even ticket attractions.
2. Check out cheap/free activities offered by your local municipality.
3. File your receipts: a lot of your kids' summer activities might be tax deductible.

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Vying for the boss's eye

Mirroring the boss's favourite can be an opportunity to learn the habits of the highly successful. ISTOCK

ADVICE

Combat office favouritism by stepping up

OFFICE RELATIONS

Eleni Deacon

Even the fairest bosses sometimes play favourites. And while it's natural for managers to click with some colleagues better than others, their preferences can cause tension. Being the boss's go-to can mean higher-profile projects, after-work perks or even first-in-line access to a promotion. For the favourite, it's great. But less-loved employees can feel unappreciated and invisible.

If your manager exhibits in-everyone's-face favouritism, don't blame the object of their affection. Although it may take some painful self-appraisal, it's worth questioning why Katie was chosen to attend that conference while you were stuck at your desk. Your boss might be swooning for personal reasons — maybe she and Katie share similar interests or sense of humour — but it's also possible that Katie does the best job.

Focus on improving your own performance, rather than obsessing over someone else. What are the behaviours that make your boss's bestie shine brighter than the rest? Maybe it's their attitude. Maybe they're reliable. Or maybe they revamp tired administrative processes with creative new ideas. Once you identify the qualities that make the favourite exceptional, see if you can incorporate elements of their style into your work. To make your boss see you in an equally stellar light, don't hate — emulate.

It's more complicated if favouritism is the result of abstract social connections.

No matter how much overtime you commit, you may never share as many giggles with your superior. It's not wrong for your boss to have a bud. But if it's a bud-with-benefits, especially professional pluses like bonuses or off-the-book vacation days, it's worth attempting a tactful chat.

When meeting with your manager, avoid trashing their current No. 1.

> **To make your boss see you in an equally stellar light, don't hate — emulate.**

Instead, voice your own aspirations. Pitch your wishes — more opportunities, more communication — and ask how you can reach these goals. It might be tempting (and justified) to call out their favouritism, but articulating your ambitions will likely be more effective than airing your grievances. At the very least, a one-on-one conversation will bring you closer to your superior.

While recognition is important to workplace satisfaction, don't let frustration over favouritism become a distraction. Build a strong track record. You may not be their darling, but you'll still earn their respect.

VIRTUAL FRIENDS

Pillow talk: Embracing new tech

What's shaped like your friend and sounds like your friend, but isn't really your friend? A body pillow with a slot in its head for a cellphone, of course.

The Hugvie, which has a head, a torso and short limbs — think Casper the Friendly Ghost, but without facial features — is the result of a collaboration between robot engineers, a futon vendor and a textile firm.

Users put their phone inside the Hugvie when making call, and then embrace it.

Engineers at the Advanced Telecommunications Research Institute International (ATR) said they worked under the principle that people feel closer to whomever they are speaking with when two or more senses are engaged, such as hearing and touch.

The Hugvie will sell for 10,000 yen ($80) in Japan when it goes on sale in September. AFP

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Trout Unliited Calgary
Yellow Fish Road - *Calgary*

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APP REVIEWS KRIS ABEL'S DIGITAL PICKS FOR THE WEEK

MIND THE APP

Kris Abel

@RealKrisAbel

APP

Matchup

• iPhone/Matchup.io
• Free

By supporting all major fitness trackers, Matchup lets you co-ordinate challenges with your friends regardless of which wearable fitness gadgets they use. A dashboard makes it easy to compare scores and if you're on your own, there are public online challenges to try, too.

APP

YP Dine Canada

• iPhone
• Free

This restaurant finder from Yellow Pages draws upon curated lists by Canadian food experts. A concierge feature helps you find local places to eat tailored to your mood and tastes. That being said, it includes maps, hours, photos and reviews, but no menus.

E-BOOKS

Peter Pan

• Kindle/iBooks/Kobo
• Free

They designed the signs, papers and books used in the Harry Potter movies. Now the artists at Minalima have reimagined Peter Pan with expressive illustrations that capture moments of poetry and maps, letters and bottle labels that bring out curious details from the classic tale.

APP

HowStuffWorks

• iPhone/iPad/Android
• Free

Based on the popular site that takes silly questions about history, culture and human behaviour seriously, this daily feed includes videos, quizzes, posts and podcasts to help you unwind with casual, quirky trivia while still picking up a useful thing or two.

STREAMING

Canada watching FIFA online and off

The FIFA Women's World Cup soccer kicked off in Canada on Saturday, marking the first time the country has ever hosted the event.

Games are being played at stadiums in Vancouver, Edmonton, Winnipeg, Ottawa, Montreal and Moncton. With more viewing options than ever before, the action will be hard to miss.

Bell Media's CTV, TSN and RDS are planning live coverage of all the matches. Online, Live Soccer TV offers both live and delayed coverage of the games. It's also possible to follow the action on the FIFA website, which will be updated with photos, videos and news reports in addition to their official pages on social media sites.

Germany is the top-ranked team, followed by the U.S., Japan, France and Sweden with Japan having edged out the U.S. at the end of the last world cup to become this year's defending champion. A total of 24 teams will fight for the championship.

The full group draw was made on May 23, with three of the strongest teams — the U.S., Sweden and Australia — being concentrated in the 'D' group, which has been dubbed the "Group of Death" by the media.

Germany has top goalie Nadine Angerer with them but wide midfielder Fatmire Alushi will not be playing, having recently announced her pregnancy. Reigning world player of the year Nadine Kessler is on the sidelines, still not fully recovered from a long-term injury.

AFP

Christine Sinclair of Canada reacts after scoring.
KEVIN C. COX/GETTY IMAGES

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DEBT

Take control of your money by taking stock of what you owe

Canadians are carrying $1.8 trillion in debt. How much of that is yours? ISTOCK; PHOTO ILLUSTRATION BY METRO

MONEY MATTERS
Gail Vaz-Oxlade
gailvazoxlade.com

I'm making quite the reputation drumming home some very common-sense ideas about money. Unfortunately as common sense as these rules may be, there are a lot of people for whom these rules are not obvious. I meet people who are spending money on credit and not paying it off in full every month and I scratch my head. Part of the problem comes from how we think about debt. We tend to keep it in little piles that make us feel we can manage it, no problem. When we're forced to add it all together, we freak out and then we're paralyzed by dread.

How much debt do you think Canadians are carrying in total?

- $5.5 billion
- $10.9 billion
- $76.9 billion
- $1.2 trillion
- $1.8 trillion

Canadian household debt hit $1.8 trillion — yes that's "trillion" with a T. To put it in perspective, we Canadians are carrying more debt than Europeans or Americans at the peak of their credit bubble.

When we hear how dire things are going to be, often we think to ourselves, "Well, I can't do anything about that." Or we think, "I'm screwed." Or we think, "I don't know what to do." And what we often feel is a rising sense of panic. We don't know what to do. We don't know if we will be OK or not. And our not knowing makes us feel out of control. So we feel scared. And we feel sad. And we feel powerless to do anything to change our picture.

Staying with a pessimistic I'm-not-in-charge approach means you will never take control of your money. If this is the way you've been thinking, it's time to change how you think.

The first thing to wrap your head around is how big your debt really is.

Grab a pen right now and scribble down a list of who you owe and how much. You've seen me work with people on TV. As part of the stuff they have to send me, they must make a list of their debt, what they used it for, and the interest rate they're paying. Then I can analyze their finances.

I bet if you lent someone at work $60 and it was due back Tuesday, you'd be banking on getting that money back. Yet when it is we who owe the money, we seem all too willing to play loosey-goosey with the info. So people routinely fill out those forms with numbers they just pluck from the air. How's your list coming? Almost done?

People usually have no trouble coming up with the usual suspects for their list of debts: mortgage, credit cards, line of credit, department store cards, student loans. Did you include your car loan or car lease? If you write that car off tomorrow, you're still on the hook for the money you owe. Yeah, insurance will cover some of it, but maybe not all. It's a debt.

How about that buy-now-pay-later financing for that snappy new furniture? It may not be due yet, but it's still debt. And if you don't have it paid off in full by the due date, the interest rate — usually somewhere way up high — clicks in retroactively to the day you took home that comfy new couch. That can raise your true cost up by as much as 50 per cent.

Did you use the RRSP Home Buyers' Plan for the down payment on your home? That has to be repaid. It's debt. Have you tapped your family or your friends for money? Don't forget them.

And here's my favourite. The debt most people leave off their list: overdraft. I'm not talking about the overdraft you have access to, I'm talking about the overdraft you're using. If your bank account is in negative territory, that is DEBT, so add it to your list.

Listen, I know it's easier to think of what you owe in smaller pieces. You owe $800 on a credit card and $1,600 on a line of credit, and you still owe $12,000 on a student loan. Oh, and there's the $700 on that department store card. Plus the $650 on overdraft. But keeping it in your little piles is helping you avoid your reality. And it's easy to think that your home's increased value more than offsets your debt. But if house prices fall (which all assets can), the debt doesn't go away, so you'll be left wearing concrete-debt boots.

As long as you haven't yet faced how big your debt is, you'll continue to delude yourself into thinking you don't have to do anything about it. The only way to get to a better place financially is to tell the truth. Add it up. Face your reality. Know your truth. Then you can get busy taking steps to fix being broke!

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Royally cute baby photos

First glimpses of Prince George with his sister Charlotte

Princess Charlotte and Prince George in photos released by Prince William and Kate Middleton on social media. GETTY IMAGES

The first photos of Britain's Princess Charlotte together with Prince George, who is pictured giving his baby sister a kiss, were released by Kensington Palace on Saturday.

The four photographs, taken by their mother Kate, the Duchess of Cambridge, show 21-month-old George sitting on a sofa holding Charlotte.

The portraits were taken when Charlotte, born on May 2, was around two weeks old.

They were taken at Anmer Hall, Prince William and his wife Kate's country mansion. The mansion sits on Queen Elizabeth II's private Sandringham estate in Norfolk, eastern England.

Propped up by two white cushions, Charlotte appears to be wearing a white romper suit with a matching jumper.

Her brother is dressed in a white shirt with blue piping detail around the collar, cuffs and front, and matching blue socks and shorts.

One picture shows George planting a kiss on his sister's forehead, another shows him tenderly looking down at her, a third shows him looking up and a fourth shows him smiling.

"Prince George and Princess Charlotte together at home #WelcomeToTheFamily," Kensington Palace, William and Kate's official residence in London, said as the first of the images was released.

"We're delighted to share the first photo of Prince George with his little sister Princess Charlotte.

"The photo of Prince George and Princess Charlotte was taken by The Duchess of Cambridge in mid-May."

Pictures of George have been rare. Only a handful of sets have been released, while he has rarely been seen in public. AFP

HEIRS
Princess Charlotte is fourth in line to the throne after her brother George

UNWELCOME COMMENTS

Snoop in the Dogg house

A CBC camera operator says she felt "belittled" after rapper Snoop Dogg referred to her as "thick" during an interview last week.

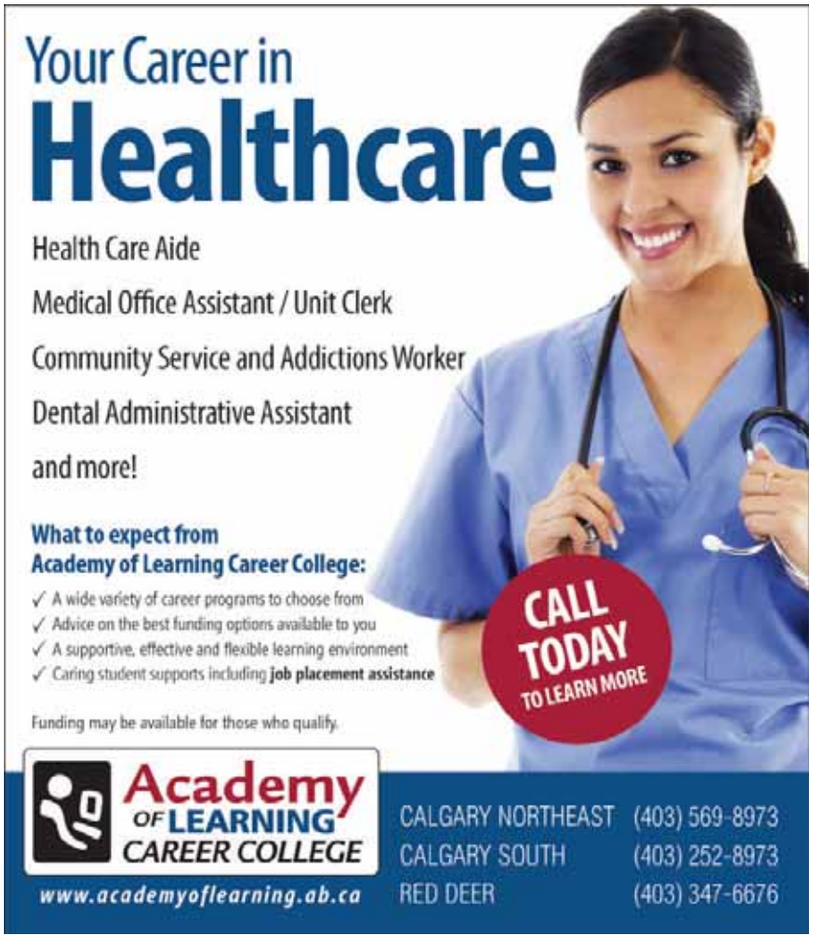
The CBC says during an interview on the set of Trailer Park Boys, Snoop Dogg made apparent references to Clattenburg's figure.

"I like your camera girl, too. She's thick. Damn," the rapper can be heard saying on the taped interview that the CBC later broadcast.

"It was creepy and awkward," said Clattenburg in comments posted on the CBC's website.

"He wanted to embarrass me and he did, I turned beet red," she said in an interview with CBC on Sunday. THE CANADIAN PRESS

Rapper Snoop Dogg GETTY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GOSSIP NOTES EDM battles and cookbooks

DJ VS. DJ

Diplo spins Zedd dating Gomez as 'fake'

Diplo, left, claims he and Zedd are 'not enemies'. GETTY

IN HOLLYWOOD

Ned Ehrbar

Apparently male EDM superstar DJs are perfectly capable of being gossipy little sassbuckets. Oh, sorry, we're supposed to be calling them "producers." Anyway, Diplo — whom you may remember from allegedly dating Katy Perry just long enough to make John Mayer jealous — has some thoughts apparently about the love life of twink-y elf prince Zedd.

"I'm actually not enemies with Zedd by any means. I just think that he came from such a cool place, and now he's been pegged as a money-maker for a major label to do EDM, which to me isn't even a genre," Diplo tells Radio.com. "They've marketed him, even the fake relationship with Selena Gomez, all the things to sell records took away from the music."

Yeah, how dare you try to make laptop-fuelled club music for Las Vegas bachelorette parties about making money? And how many fake relationships can Ms. Gomez have?

PROJECTS

Aniston cooking up a plan

Jennifer Aniston apparently has a cookbook up her sleeve.

"I'm working on it," she tells Yahoo! Beauty.

"I would like to do a lifestyle thing for people who struggle with dieting. I could just make anything for a diet taste delicious. I can mix certain things together that are all very healthy, but you don't feel like you're depriving yourself in any way."

That's all fine and good, Ms. Aniston, but nobody likes a braggart.

metro SPORTS

Lewis Hamilton coasted to victory at Montreal's Formula One Canadian Grand Prix

Monday, June 8, 2015

IN BRIEF

Wawrinka captures French Open title

Stan Wawrinka won the French Open by beating No. 1-seeded Novak Djokovic 4-6, 6-4, 6-3, 6-4 in the final Sunday, thwarting Djokovic's bid to complete a career Grand Slam.

The eighth-seeded Wawrinka, so long in the shadow of his Swiss Davis Cup teammate and pal, Roger Federer, collected his second major title after last year's Australian Open.

In doing so, Wawrinka put a stop to Djokovic's 28-match winning streak and left the 28-year-old Serb ruing another close call at Roland Garros. This was the third time in the last four years that Djokovic lost in the final at the clay-court tournament, the only major title he has never won.

THE ASSOCIATED PRESS

Jays stage ninth-inning rally for fifth straight win

Chris Colabello's two-run single in the ninth inning gave the Toronto Blue Jays a dramatic 7-6 victory over the Houston Astros on Sunday afternoon at Rogers Centre.

He drove a pitch from Luke Gregerson back up the middle that scored Jose Reyes and Jose Bautista to the delight of the 35,571 fans in attendance.

Colabello extended his hitting streak to a career high 17 games on the play and gave Toronto its season-high fifth straight victory. THE CANADIAN PRESS

Barca revels with fans after completing treble

Thousands of Barcelona's fans flocked to the city centre on Sunday to celebrate with their team a day after it won its fifth European Cup and completed a historic treble of titles.

Having already won the Spanish league and Copa del Rey trophies, Barcelona became the first team to complete a sweep of the Champions League and its two main domestic competitions in the same season on two separate occasions. Barcelona first achieved the rare feat in 2009.

Barcelona beat Juventus 3-1 on Saturday.

THE ASSOCIATED PRESS

Sinclair starts host squad off on right foot

WOMEN'S WORLD CUP

Captain lifts Canada past China, 1-0 in opener

Cam Tucker
Metro | Vancouver

As she has done so many times in the past, Christine Sinclair played the hero for the Canadian women's soccer team, this time in the opener of the 2015 FIFA Women's World Cup.

Before an announced crowd of more than 53,000 fans clad in red and white at Commonwealth Stadium, the Canadian captain stepped up to the penalty spot and scored on a perfect shot, off the inside of the post and in, to lift Canada to an anxious 1-0 win over China on Saturday.

That means three points to the Canadian side, which couldn't find a way to break through China's defence until a penalty kick was awarded for a foul in the box, leading to Sinclair's defining moment in second-half stoppage time.

Under head coach John Herdman, the women's soccer program in Canada has taken a turn in a positive direction, a bronze medal in the 2012 Olympics proving that.

Christine Sinclair scores on a penalty kick in a 1-0 win over China in Edmonton on Saturday. KEVIN C. COX/GETTY IMAGES

In turn, the expectations on Canada's entry in this tournament, especially on home soil, appear greater than in years past. A mix of younger talent with a veteran core group is highlighted by the fact the Canadians still possess one of the best players in the women's game in Sinclair.

For 90 minutes, the underdog China team frustrated Canada. It was ugly. That suited the Chinese side just fine. But they could only hold on for so long.

53,058

The announced attendance for the match

The Canadians had ball possession for 62 per cent of the game. They had 14 attempts, and went into full-on attack mode late in the second half, needing a goal. Their tactics forced China into a careless foul on 22-year-old Adriana Leon in the box, setting up Sinclair.

At 31 years old, and with 154 international goals in 224 caps, there is going to come a time when Sinclair is no longer around to be the hero for the Canadian squad.

The Canadians, playing in Group A, face New Zealand on Thursday in Edmonton. They'll need to be better than they were against China, especially as this tournament goes along.

But eventually on Saturday, with the nation watching, Sinclair literally got Canada's hopes of a Women's World Cup title on home soil off on the right foot.

154 GOALS

Canadian captain Christine Sinclair added to her legacy with her stoppage-time winner against China on Saturday at the Women's World Cup.

Her successful 92nd-minute penalty kick, which gave Canada a 1-0 victory, was the 154th goal of her 224-game international career.

It was also her eighth goal at the World Cup, elevating the 31-year-old from Burnaby, B.C., to 11th position in tournament all-time scoring.

Sinclair joins Birgit Prinz, Sun Wen, Bettina Wiegmann, Mia Hamm, Kristine Lilly and Julie Foudy in scoring at four different World Cups. THE CANADIAN PRESS

Germany rocks Ivory Coast

Germany's Anja Mittag controls the ball between Ivory Coast's Sophie Aguie, left, and Fatou Coulibaly on Sunday at Lansdowne Stadium. NICHOLAS KAMM/AFP/GETTY IMAGES

Celia Sasic and Anja Mittag had a hat trick each as Germany rolled to a 10-0 win over the Ivory Coast in Group B play at the Women's World Cup.

Simone Laudehr, Sara Daebritz, Melanie Behringer and Alexandra Popp also scored for Germany in the second-most lopsided win in event history.

The two time World Cup champions own the record for most lopsided World Cup game, an 11-0 rout of Argentina in 2011.

Sasic's three goals were the fastest hat trick in Women's World Cup history. Germany is the first country to reach the century goals mark at the tournament, with 101. The United States has 98.

Ivory Coast was playing just its second international match of the calendar year and making its first appearance in the Women's World Cup.

Earlier, Isabell Herlovsen scored twice as Norway toppled Thailand 4-0 in Group B play.

Trine Ronning opened the scoring for the 11th-ranked Norwegians in the 15th minute when she bent a free kick around a wall of Thai defenders.

Herlovsen added two more five minutes apart as the 1995 champions took a 3-0 lead into halftime.

Ada Hegerberg put one more past Thailand's goalkeeper, Waraporn Boonsing, in the 68th minute. THE CANADIAN PRESS

DAY 3

Four matches will be played on Monday, including the second-ranked U.S. taking on Australia in Winnipeg.

Cavs even up finals

NBA FINALS

Despite sloppy play, LeBron and Co. prevail in overtime

LeBron James had 39 points, 16 rebounds and 11 assists, and the Cleveland Cavaliers tied the NBA Finals at one game apiece with a 95-93 overtime victory over the Golden State Warriors.

Matthew Dellavedova, starting after Kyrie Irving broke his left kneecap in Game 1, made two free throws with 10.1 seconds left in overtime for a 94-93 lead, then played tough defence and forced Stephen Curry to shoot an airball.

James followed with a free throw, and the Warriors turned it over on their final possession.

It's Cleveland's first NBA Finals victory after the Cavs were swept in their previous appearance in 2007.

Klay Thompson scored 34 points, but Curry was just 5 of 23 from the field. Game 3 is Tuesday in Cleveland. THE ASSOCIATED PRESS

GAME 2 In Oakland

95	93
CAVALIERS	WARRIORS

LeBron James, left, shoots against Golden State Warriors forward Marreese Speights during Game 2 of the NBA Finals on Sunday night in Oakland. KYLE TERADA/USA TODAY/THE ASSOCIATED PRESS

STANLEY CUP FINAL

Chicago looking for stars to step up

Now that the Tampa Bay Lightning have gotten production out of their "Triplets" line, the Chicago Blackhawks would love to get stars Jonathan Toews and Patrick Kane going in this Stanley Cup final.

Through two games, Toews and Kane have basically been a non-factor, shut down by defencemen Victor Hedman and Anton Stralman and forwards Cedric Paquette and Ryan Callahan. Toews has one assist to show for the series, while Kane has zero points and in Game 2 failed to register a shot on goal for the first time in the postseason since 2009.

Blackhawks coach Joel Quenneville said he doesn't care which line steps up, but the spotlight is on Toews and Kane to produce with the series tied 1-1 going into Game 3 on Monday night.

"That's one of my jobs here is to try to produce offence," Kane said Sunday. "At the same time I think you've got to stay positive, stay patient, try not to get too ahead of yourself and start thinking offence all the time."

The Blackhawks and Lightning were thinking offence plenty in a seven-goal Game 2, with the kind of rapid pace players hope sticks for the rest of the series. Combine goaltender Corey Crawford's inconsistency and Tampa Bay's uncertain goaltending situation and it's fair to expect more goals.

Tyler Johnson and Nikita Kucherov of Tampa Bay each scored Saturday night in a 4-3 win. Meanwhile, Kane and Toews have given no reason to fear them. Toews is betting that will change.

"We'll keep working for that offence; we know it's going to come," he said. "It's not something you want to get frustrated over with. You just got to stay patient and keep telling yourself you will score goals when it really matters." THE CANADIAN PRESS

CONTRIBUTION

Toews has one assist for the series, while Kane has no points and in Game 2 failed to register a shot on goal.

Patrick Kane, left, and Jonathan Toews GETTY IMAGES

IN BRIEF

Rare Triple Crown for American Pharoah

Police escorts guided American Pharoah and his entourage back home to Churchill Downs Sunday, hours after his stunningly smooth run into Triple Crown history.

Now, his victory lap begins. At the headquarters of American horse racing, Churchill Downs' famous twin spires are displaying Zayat Stables' turquoise and gold colours all week to celebrate the first Triple Crown in 37 years. THE ASSOCIATED PRESS

Pettersen pulls off victory with late birdies in Ontario

Suzann Pettersen had her worst round at the Manulife LPGA Classic on Sunday but she pulled it back together to win the tournament in Cambridge, Ont.

On the clock for slow play and down a shot to Brittany Lang with three holes to go, Pettersen drained birdie putts on holes 16 and 17 before a par on 18 to win the LPGA Classic by one stroke at 22-under par at Whistle Bear Golf Club. THE CANADIAN PRESS

RECIPE Mango Strawberry Smoothie

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

This is a great snack or dessert beverage. You can always up the protein and have this as a breakfast smoothie by using plain or vanilla Greek yogurt rather than the frozen yogurt. Tastes as good as it looks! Serves four.

Ready in
Prep time: 10 minutes

Ingredients
- 4 cups sliced strawberries or raspberries
- 1 ½ cups low-fat vanilla frozen yogurt
- 2/3 cup low-fat milk or almond milk
- 2 cups diced mango

Directions
1. In a blender or food processor, purée strawberries, half the frozen yogurt and half the milk until smooth. Divide into 4 glasses. Rinse out blender.

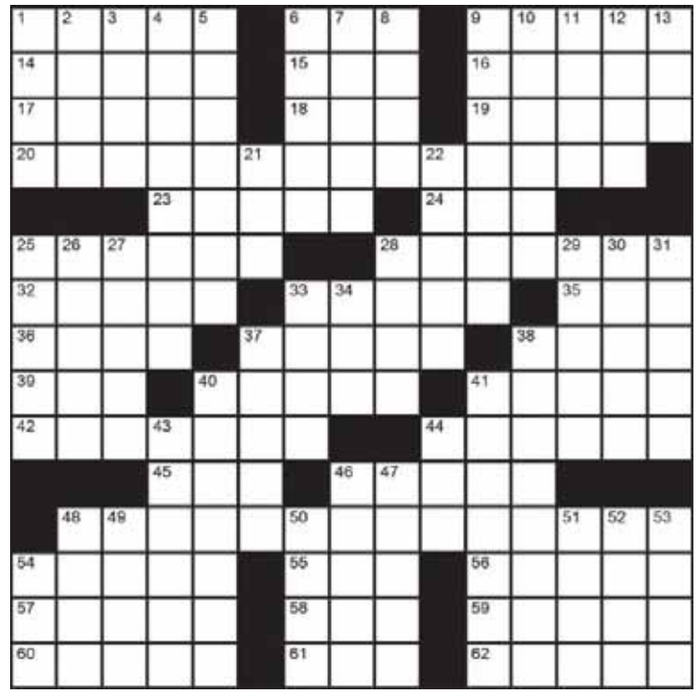
2. Add remaining frozen yogurt, milk and mango and purée until smooth. Pour over top berry mixture. Serve immediately.

Nutrition per serving
- Calories 118
- Carbohydrates 22 g
- Protein 3 g
- Fibre 1 g
- Fat 2 g
- Saturated Fat 1 g
- Cholesterol 9 mg
- Sodium 70 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Piercing
6. BCs opposites
9. Spear
14. Afterwards
15. Try
16. Had _ _ (Really had fun)
17. Separate
18. Two's half
19. "Diff'rent Strokes" actress Ms. Plato's
20. FIFA _ _ _ Canada 2015 (Month-long international soccer tournament currently underway)
23. Suppose
24. Bucharest money
25. Bits
28. Beet soup
32. The _ (Lumberjack's working locale)
33. Celebrity chef Bobby's
35. "And I Love _" (Lennon-McCartney)
36. Wave: French
37. Plank
38. Sprint
39. Seeing if the door is locked over and over, e.g.
40. Grain fungus
41. Lovely item on which to place a tea saucer
42. "The Mary Tyler Moore Show" spin-off
44. Gaii _ (Area off mainland BC which in the Haida language means 'Islands of Beauty')
45. Barely get by
46. Clayoquot _ (Body of water on Vancouver Island's western coast)
48. Listing of a company's workers: 2 wds.
54. "_ _ you think you are?" (How dare you!)
55. Boucherville buddy
56. Singer, Tennessee _ Ford
57. Giver's recipient
58. Excessively
59. Surnamesakes of lyricist Tim
60. Swashbuckler's weapon
61. Ms. Jillian
62. Wheat type

DOWN
1. Cabbage creation
2. Gloriole
3. Bit of matter
4. Styx song that goes "...I'm in fear for my life from the long arm of the law."
5. Divorce attorneys analyze them
6. Pledges
7. Jurassic creatures, commonly
8. Prophet
9. Roofer's needs
10. Old time calculator
11. Mork's greeting, partially
12. Thundering sound
13. Chicago trains
21. The Outsiders author Ms. Hinton's
22. CTV's "W5" host Mr. Robertson
25. Eagle's dive
26. Seashell used as a horn
27. Mr. McDowall of movies
28. Homer's cartoon son
29. Necklace
30. Manitoba: _/Grindstone Provincial Park
31. Deuce-aces
33. _ up (What the bathroom mirror does)
34. Philosopher, _-tzu
37. Abbreviated
38. Tom Green comedy of 2000: 2 wds.
40. Kootenay Rockies town in BC
41. La La La Human Steps performers
43. Saskatchewan town
44. Tint
46. Mr. Cowell
47. The Hunter constellation
48. Canadian telecommunications company
49. "The Bridges at _-Ri" (1954)
50. Researcher's compilation
51. Erstwhile
52. Louis _, Father of Manitoba
53. Mon., on Tue.
54. Kilograms, e.g.
52. Since, to Robert Burns
54. Sibling to sis'
55. Stitch

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
If your instincts tell you to be careful you must not ignore them. Today's Sun-Jupiter link may make you think you can do as you please but other aspects warn this may be the one time in ten that it goes wrong.

Taurus April 21 - May 21
You can see which way the wind is blowing but will you be flexible enough to bend with the breeze? If you refuse to budge even an inch you may find that breeze turns into a hurricane.

Gemini May 22 - June 21
Be careful what you say because with Jupiter, planet of excess, moving through the communications area of your chart you could easily go too far. Never forget that words can hurt as well as heal.

Cancer June 22 - July 23
If you keep your feelings bottled up inside you now they are likely to explode, so maybe it is better to let it all out. That cool, tough guy act is not fooling anyone.

Leo July 24 - Aug. 23
Jupiter in your sign means you won't let anyone limit you in any way. You demand freedom of thought, expression and movement and if you are denied any those things you will kick up a huge fuss this week.

Virgo Aug. 24 - Sept. 23
Stop tormenting yourself with fantasies of what might have been and get on with making a better life for yourself and those you love. You have been far too passive of late — get out there into the world and make things happen.

Libra Sept. 24 - Oct. 23
You may think you are a law unto yourself and for the time being you can certainly get away with a lot; but if you cut too many corners or break too many rules you are sure to create enemies.

Scorpio Oct. 24 - Nov. 22
The next few days will bring no end of challenges and you will need to be at your best to deal with them effectively. With Jupiter strong in your chart you feel you can take on the world and win. Let's hope you are right.

Sagittarius Nov. 23 - Dec. 21
You have got to be positive and start thinking in terms of success rather than failure. Most importantly, you have got to believe in yourself. The universe has a way of rewarding those who do.

Capricorn Dec. 22 - Jan. 20
You need to remember that nothing stays the same forever. The next few days may be difficult but if you see the changes that are taking place as necessary, and potentially good, they will be easier to deal with.

Aquarius Jan. 21 - Feb. 19
What does not destroy you will surely make you stronger, so stop feeling sorry for yourself and start standing up for your principles and beliefs. Your rivals may be powerful but you have right on your side, and that matters more.

Pisces Feb. 20 - March 20
There may be times today when you wish you were some place else, but the fact is you are where you are and you have to complete what others expect of you.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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Difficulty Level ★★

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6/11

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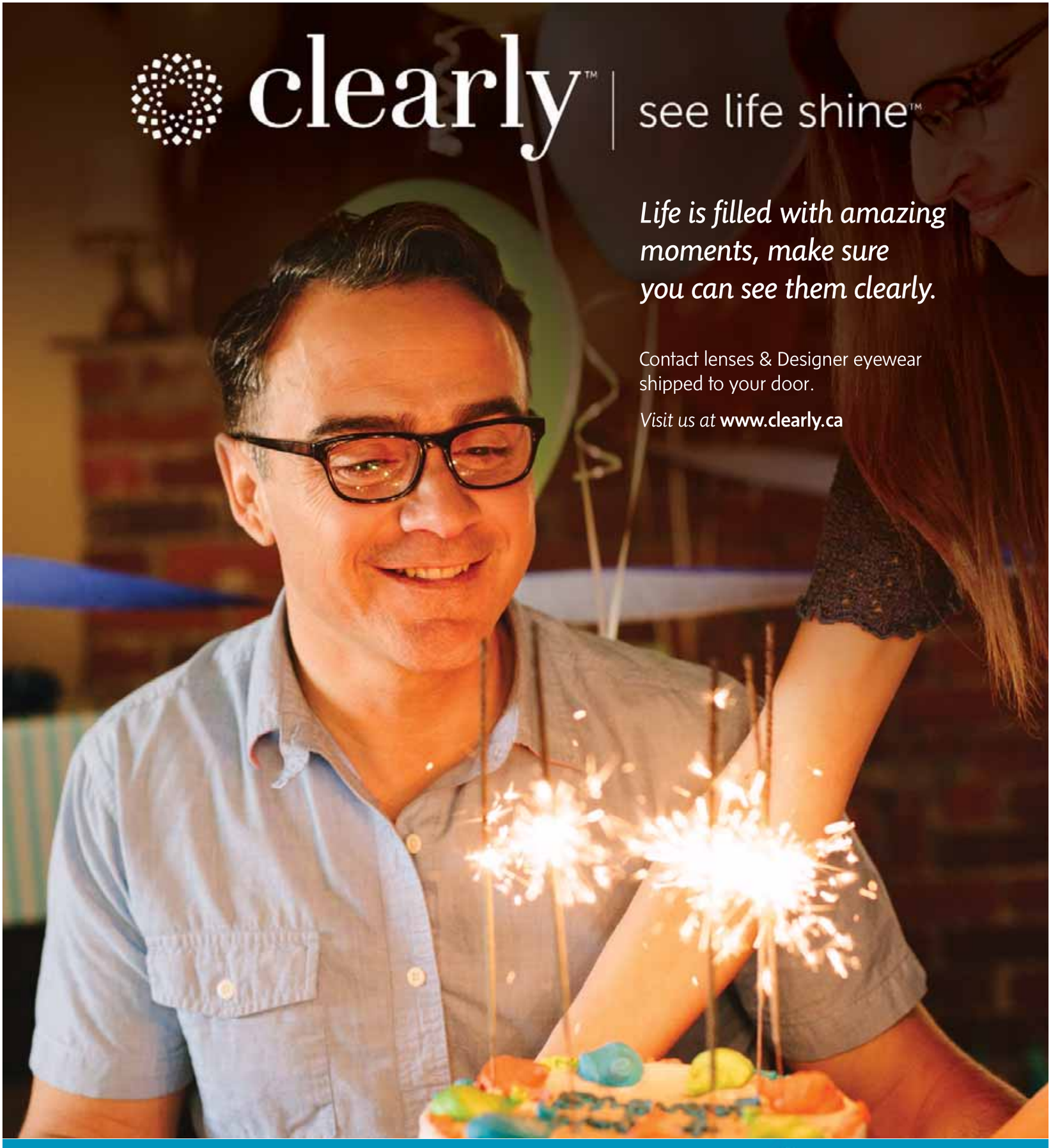
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